



Practical Nursing

Program No: 31-543-1

Technical Diploma

Degree Completion Time: Two Terms

In general, an academic year consists of two terms; however, degree completion time may vary based on student scheduling needs and class availability.

2013-2014

Catalog No.	Class Title	Credit(s)
Presemester		
10806186	Introduction to Biochemistry	3.00
Term 1		
10543101	Nursing Fundamentals	2.00
10543102	Nursing Skills	3.00
10543103	Nursing Pharmacology	2.00
10543104	Nsg: Intro Clinical Practice	2.00
10801195	Written Communication	3.00
10806177	General Anatomy and Physiology	4.00
10809188	Developmental Psychology	3.00
	Total	19.00
Term 2		
10543105	Nursing Health Alterations	3.00
10543106	Nursing Health Promotion	3.00
10543107	Nsg: Clin Care Across Lifespan	2.00
10543108	Nsg: Intro Clinical Care Mgt	2.00
10801196	Oral/Interpersonal Communication	3.00
	Total	13.00
	Program Total	32.00
Recommended Support Courses:		
10543124	Virtual Clinical for Second Semester Nursing	1.00
31543300	Learning Strategies for Nursing	1.00
Note:	Program start dates vary; check with your counselor for details.	
	Curriculum and program acceptance requirements are subject to change.	

About the Career

If you're ill or injured, it's comforting to know you're in the care of highly skilled, well-educated healthcare professionals. If you work well under pressure; like math, science, communications, and problem solving; are independent; and have a strong desire to work with and help people—a career as a practical nurse may be the choice for you.

Careers

Upon successful completion of the first year of the program, graduates are prepared to write the NCLEX-PN exam and, upon passing that exam, may be employed as licensed practical nurses at:

- Clinics
- Hospitals
- Nursing Homes

Admissions Steps

- Submit Application and \$30 Processing Fee
- Complete an Assessment for Placement (Accuplacer or ACT and Health Occupations Entrance Assessment—HESI)
- Submit Official Transcripts (High School and Other Colleges)
- Complete Background Check and \$16 Processing Fee
- Complete Health Requirements
- Complete Chemistry Requirement
- Meet with Program Advisor
- Complete Functional Ability Statement of Understanding Form
- Complete Nursing Program Handbook Form

Program Outcomes

- Implement one's role as a nurse in ways that reflect integrity, responsibility, ethical practices, and an evolving identity as a nurse committed to caring, advocacy, and quality care while adhering to evidence-based practice.
- Demonstrate appropriate written, verbal, and nonverbal communication in a variety of clinical contexts.
- Integrate knowledge of social, mathematical, and physical sciences, pharmacology, and disease processes while participating in clinical decision making.
- Provide patient-centered care under supervision by participating in the nursing process across diverse populations and health care settings.
- Minimize risk of harm to patients, providers, and self through safe individual performance and participation in system effectiveness.

- Collaborate as an active member of the multidisciplinary health care team to provide effective patient care throughout the lifespan.
- Use information and technology to communicate, manage data, mitigate error, and assist with decision making.

Other Program Expectations

You'll need to:

- Have CPR professional certification (one- and two-person, adult, child and infant AED) required prior to starting clinicals.
- CNA competency must be met within 6 months of beginning nursing clinical.
- Talk, see, and hear.
- Stand, twist and bend.
- Lift up to 50 pounds up to 8 times per 4- to 8-hour clinical period.
- Tolerate environment containing products made with latex.
- See counselor for complete requirements.
- Science GPA.

Approximate Costs

- \$132 per credit (resident)
- \$198 per credit (out-of-state resident)
- Other fees vary by program (books, supplies, materials, tools, uniforms, health-related exams, etc.)

Special Note

Students need to complete the program classes within two years. Graduates may be eligible for entry into the second-year of the Nursing—Associate Degree program. See counselor for details.

Functional Abilities

Functional abilities are the basic duties that a student must be able to perform with or without reasonable accommodations. At the postsecondary level, students must meet these requirements, and they cannot be modified.

Entrance Assessment Scores

Accuplacer	ACT
Arithmetic - 79	Mathematics - 18
Reading - 95	Reading - 21
Sentence Skills - 103	English - 21

10543101 Nursing Fundamentals

...focuses on basic nursing concepts to provide evidenced-based care to diverse patient populations across the lifespan. Current and historical issues impacting nursing will be explored within the scope of nursing practice. The nursing process will be introduced as a framework for organizing the care of patients.
COREQUISITE: 10806177 or 10809177OL *Gen Anatomy and Physiology*, 10801195 *Written Comm* or 10801195OL *Written Comm-Online* and **CONDITION:** 105431 *Nursing-Associate Degree* or 315431 *Practical Nursing Admission Requirements met*

10543102 Nursing Skills

...focuses on development of evidence-based clinical skills and physical assessment across the lifespan. Content includes mathematical calculations and conversions related to clinical skills. In addition the course includes techniques related to obtaining a health history and basic physical assessment skills using a body systems approach. This course requires a minimum grade of "C" or better.
CONDITION: 105431 *Nursing-Associate Degree Admissions Requirements Met* or 315431 *Practical Nursing Admissions Requirements Met*; and **COREQUISITE:** 10806196 *Anatomy and Physiology II* or 10806177 or 10806177OL *Gen Anatomy and Physiology*

10543103 Nursing Pharmacology

...introduces the principles of pharmacology, including drug classifications and their effects on the body. Emphasis is on the use of the components of the nursing process when administering medications. Student must be admitted to the Nursing program. Course requires a minimum grade of "C" or better. Do not register for this class until you are assigned a clinical slot in 543-104 in current or next semester.
CONDITION: 105431 *Nursing-Associate Degree* or 315431 *Practical Nursing Admissions Requirements Met*; and **PREREQUISITE:** 10806186 *Intro to Biochemistry* and **COREQUISITE:** 10806196 *Anat & Phys 2* or 10806177 or 10806177OL *Gen Anat & Phys*

10543104 Nsg: Intro Clinical Practice

...is an introductory clinical course that emphasizes basic nursing skills and application of the nursing process in meeting the needs of diverse clients across the lifespan. Emphasis is placed on performing basic nursing skills, the formation of nurse-client relationships, communication, data collection, documentation, and medication administration. Student needs a current TB test and professional CPR card (1 and 2 person, adult, infant, and child, AED). Student needs to be admitted to the Nursing program. Course requires a minimum grade of "C" or better.
CONDITION: 105431 *Nursing-Associate Degree Admissions Requirements Met*; or 315431 *Practical Nursing Admissions Requirements Met*; and **COREQUISITE:** 10543101 *Nursing Fundamentals* and 10543102 *Nursing Skills* and 10543103 *Nursing Pharmacology*

10543105 Nursing Health Alterations

...elaborates upon the basic concepts of health and illness as presented in *Nursing Fundamentals*. It applies theories of nursing in the care of clients through the lifespan, utilizing problem solving and critical thinking. This course will provide an opportunity to study conditions affecting different body systems and apply evidence-based nursing interventions. It will also introduce concepts of leadership and management. Student must have completed all first semester courses. Course requires a minimum grade of "C" or better.
PREREQUISITE: 10543101 *Nrsg Fund* and 10543102 *Nrsg Skills* and 10543103 *Nrsg Pharm* and 10543104 *Nrsg: Intro to Clin Practice* and 10806177 or 10806177OL *Gen Anat & Phys* or 10806196 *Anat & Phys II*

Health Promotion

...focuses on topics related to health promotion in for individuals and families throughout the lifespan. We will cover nursing care of the developing family, which includes reproductive issues, pregnancy, labor and delivery, post-partum, the newborn, and the child. Recognizing the spectrum of healthy families we will discern patterns associated with adaptive and maladaptive behaviors applying mental health principles. An emphasis is placed on teaching and supporting healthy lifestyle choices for individuals of all ages. Nutrition, exercise, stress management, empowerment, and risk reduction practices are highlighted. Study of the family will cover dynamics, functions, discipline styles, and stages of development. Course requires a minimum grade of "C" or better.
PREREQUISITE: 10543101 *Nrsg Fund*, 10543102 *Nrsg Skills*, 10543103 *Nrsg Pharm*, 10543104 *Nrsg Intro Clin Pract*, 10809164 *Human Grwth/Dev* or 10809188 *Dev Psyc & 10806177 or 10806177OL Gen A & P* or 10806196 *A & P 2* & **COREQUISITE:** 10801196 or 10801196OL *Oral/Interprs Com* or 10801198 *Speech*

10543107 Nsg: Clin Care Across Lifespan

...applies nursing concepts and therapeutic interventions to clients across the lifespan. It also provides an introduction to concepts of teaching and learning. Extending care to include the family is
COREQUISITE: 10543106 *Nursing Health Promotion* Student must have completed all first semester courses. Student needs a current TB test and professional CPR card (1 and 2 person, adult, infant, and child, AED). Course requires a minimum grade of "C" or better.

10543108 Nsg: Intro Clinical Care Mgt

...applies nursing concepts and therapeutic nursing interventions to groups of clients across the lifespan. It also provides an introduction to leadership, management, and teambuilding.
COREQUISITE: 10543105 *Nursing Health Alterations* Student must have completed all first semester courses. Student needs a current TB test and professional CPR card (1 and 2 person, adult, infant, and child, AED). Course requires a minimum grade of "C" or better.

10801195 Written Communication

...teaches the writing process, which includes prewriting, drafting, revising, and editing. Through a variety of writing assignments, the student will analyze audience and purpose, research and organize ideas, and format and design documents based on subject matter and content. Keyboarding skills are required for this course. It also develops critical reading and thinking skills through the analysis of a variety of written documents.
PREREQUISITE: 10831103 *Intro to College Wrtg* or **CONDITION:** *Written Comm Prepared Learner (Accuplacer Wrtg min score of 86 or Equivalent)* and **COREQUISITE:** 10838105 *Intro Rdg & Study Skills* or **CONDITION:** *Reading Accuplacer min score of 74 or equivalent*

10801196 Oral/Interpersonal Comm

...provides students with the skills to develop speaking, verbal and nonverbal communication, and listening skills through individual speeches, group activities, and other projects.
COREQUISITE: 10838105 *Intro Reading and Study Skills* or **CONDITION:** *Reading accuplcer minimum score of 74 or equivalent*

10806177 General Anatomy and Physiology

...examines basic concepts of human anatomy and physiology as they relate to health sciences. Using a body systems approach, the course emphasizes the interrelationships between structure and function at the gross and microscopic levels of organization of the entire human body. It is intended to prepare health care professionals who need to apply basic concepts of whole body anatomy and physiology to informed decision-making and professional communication with colleagues and patients.
PREREQUISITE: 10806174 *General Chemistry* or 10806134 *General Chemistry* or *High School Chemistry Equivalent*

10809188 Developmental Psychology

...introduces the student to the study of human development throughout the lifespan. This course explores developmental theory and research with an emphasis on the interactive nature of the biological, cognitive, and psychosocial changes that affect the individual from conception to death. Application activities and critical thinking skills will enable students to gain an increased knowledge and understanding of themselves and others.
COREQUISITE: 10838105 *Intro Reading and Study Skills* or *Accuplacer Reading score of 74 or equivalent*